



Edinburgh Medics'
REVEAL

in aid of
**TEENAGE
CANCER
TRUST**



Every day, seven young people aged 13-24 hear the words “you have cancer”

They will each need specialised nursing care and support to get them through it. Teenage Cancer Trust is the only UK charity dedicated to meeting this vital need - no young person should have to face cancer alone.

You only get one chance at being young, and those few crucial years will shape the person you become. Cancer can throw all of that off track. Suddenly, your life's been turned upside down, you're scared and you're living from one appointment to the next. In an instant, life becomes an endurance test of diagnoses, check-ups and treatments and for many young patients, this is their first major experience of ill-health.

TCT makes sure young people have someone in their corner right from the start. Their nurses and youth workers support young people through every step of their treatment, and for up to two years afterwards, so that they can recover and live life to the fullest. They run events for young people with cancer to help them regain independence and meet other young people going through something similar.

Without TCT, the lives of young people with cancer would be even harder.



HISTORY OF REVEAL

“When I was younger, my sister was diagnosed with leukaemia. She spent the best part of a year in hospital, and back then it was so far from what the units are like now.

The year I started the show it was going to be her 30th birthday, I decided that I wanted to raise money for a charity, but I wanted to do something fun that lots of people would enjoy. I had been to Bristol a few times to see my brother in their medic strip show and it was always such a fun night. I decided to do a similar format in Edinburgh but didn't want it to be about your talent as a dancer or having a conventional body type. I wanted it to be something anyone could get involved with and enjoy.

I didn't really talk much about this when I started. But on the last year of myself running it, I got so drunk I said in my speech, “This is for anyone that's ever had to go through chemo in a shithole” – mortifying. But, I guess it kind of is.

I told all my friends why I was doing it and essentially told them they had no choice but to be in it. Honestly, I was expecting there to be like 20 people in it and a couple of hundred seeing it. I got my pals to help as coordinators and then we made a Facebook page and it got 1000 likes in 2 days so we realised it might be bigger than we'd thought”.

-Catherine Fox, founder of Medics' Reveal



MEET OUR HOSTS



I'm extremely excited to be co-costing Reveal for a second year!

Last year I was absolutely overwhelmed and incredibly moved by the support, dedication and passion of all involved to raise money for an outstanding cause - one of which I have used and relied upon as a cancer survivor for many years.

Shell Rowe & Joe Bulman

Hi I'm Joe, I'm a 4th year and I couldn't be more excited to be one of your co-hosts for Reveal 2024!

This will be my first year getting involved with Reveal and I can't think of a better way to get started than by hosting the 10 year anniversary!

I can't wait to kick-off what will hopefully be the biggest show yet for such an amazing cause!



RUNNING ORDER

Contemporary Beats

Elena Espinosa

Racquet Sport's Game, Set & Match

Toby Jones

License to Thrill

Georgie Morton

I'd Tap That

Katie Appleton & Molly Kelly

K-Slay

Cuebin Choi

Netball's Halftime Show

Jess Walsh

Desi Fusion

Eshita Danduri & Fiona Mandapalli

The Alphabet Mafia

Mia Green & Ivy Infusion

Hockey's Strips Ahoy!

Louise Morris, Lara Street & Rachel Brown

INTERVAL



Latin Carnival: Bad Bunnies

Nayia Aza, Niki Kouvroukoglou & Marina Leonidou

Football's Freaky Fangirls

Ellie Kerr & Ellie Parton

The Mile High Club

Yu Nakamura

Magic Mikes & Mikaelas

Niki Kouvroukoglou & Amy Lussiana

The Maneaters

Sioned Davies & Jasmine Wood

Rugby's We are Kenough

Sioned Davies

Chefs & Waiters

Izzy Muotune

Top Gun: Strip Down

Polina Kirkevich

All the Good Girls go to Hell

Zoe Horne & Amber Whyte

Finale

Cuebin Choi



2024 RAFFLE

Enter our raffle for the chance to win some amazing prizes, like:

Cut and blow-dry
at Charlie Miller

£40 Voodoo
Rooms voucher

5 tickets to
Edinburgh Zoo

Three classes at
Meadowlark Yoga

A meal for 4 and a bottle
of wine at McLaren's on
the Corner



Scan the QR code or visit
the link in our Instagram
bio @edimedicsreveal!



MEET OUR COMMITTEE



COORDINATORS

Ellie Maltman Alastair Holligan Angus Baxter



PUBLICITY

Ella Andrea Anna Pedley Kaylan Coetser
(Head)



SPONSORSHIP

Tara Kinney (Head) Sharen Kaur Priya Ahluwalia Jenna Milton



PRODUCTION

Alasdair Smith Elgan Manton-Roseblade Maria Wilson



**KIT
SECRETARY**

Alix Davidson



**HEAD OF
WELLBEING**

Rebecca Grassby



**HAIR &
MAKEUP**

Amy Chesser



**HEAD OF
CHOREO**

Sioned Davies



**HEAD OF
FINANCE**

Cameron Norton



***SOCIAL
SECRETARIES***

Anna Grieve

Ruby Ramsay



***ADMIN
SECRETARIES***

Ishitha Likhith

Abha Panchdhari

A MESSAGE FROM WELLBEING

Performing onstage can be a nerve-wracking experience - especially in your underwear. Ensuring every cast member feels safe and supported throughout rehearsals and on the night is key to Reveal.

This year, Reveal has strived to promote wellbeing and increase inclusivity through maximising the support available to cast members and educating committee and choreographers. Cast commitments ensure that all cast members are comfortable and aware of what encompasses being a member of Reveal cast - from fundraising to rehearsal attendance.

Alongside these commitments, 'Wellbeing Reps' have been implemented for each strip level. These Reps act as points of contact for cast members to support them in balancing Reveal commitments throughout the year and to enjoy the Reveal experience to the fullest extent.

Additionally, we encourage cast members to act in a way that reflects Reveal's principles of wellbeing and body inclusivity. A cast code of conduct and an available anonymous complaints form aims to protect and support all cast members. These resources act to empower cast members to raise concerns and to ensure a no-tolerance policy around negativity surrounding body image and discrimination.

Finally, we are proud to have increased our collaboration with Edinburgh University Medics' LGBTQ+ society to learn how to better support our queer community. This has resulted in educational talks and posts on drag and gender expression for committee, choreographers and cast, and we have also worked on making all dances a welcoming space for non-binary and trans people.

We also collaborated with BAME Medics to educate our cast members on fake-tanning and the impact that it can have. We can't wait to continue collaborating with these great societies in the coming years; while we recognise we are not the whole way there we are excited to continue learning how to be more inclusive and to ensure that Reveal maintains a safe and supportive environment.

From,
Rebecca

**For all things Medics' Reveal
follow our socials:**

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★ Facebook: Medics' Reveal

★ Website: www.medicsreveal.org

